



Summary

Course Details

Track Points	1369
Distance	99.94 kms
Estimated Time	3:53:53
Ascent	611 meters
Descent	572 meters
Start Elevation	8 meters
Finish Elevation	47 meters
Minimum Elevation	4 meters
Maximum Elevation	109 meters

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Course Name

Add Course Point Warnings

Warning Distance meters

Warning Prefix

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To File: [mbcxs](#) [gpx](#) [tcx](#)
 To Garmin GPS: [gpx](#) [tcx](#)
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Elevation Chart

